

SHIVANI VISHNU GAVADE

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PROFILE

Compassionate and dedicated Psychiatric Social Worker with hands-on experience in clinical assessment, treatment planning, crisis intervention, tele-counselling, and research. Proven ability to work collaboratively within multidisciplinary teams, advocate for clients' well-being, and deliver culturally sensitive mental health services. Committed to promoting mental wellness and supporting individuals through evidence-based interventions.

OBJECTIVE

To contribute as a competent Psychiatric Social Worker in an esteemed mental health organization, enhancing patient care while expanding my knowledge and skills in the field of Psychiatry.

CORE SKILLS

- Psychosocial assessment and intervention
- Case management and counselling
- Crisis intervention and tele-counselling
- Research and report writing
- Excellent communication and interpersonal skills
- Proficient in Microsoft Office and data handling
- Strong understanding of mental health policies and regulations
- Effective team player in multi-disciplinary settings

PROFESSIONAL EXPERIENCE

Maharashtra Institute of Mental Health – Sassoon General Hospital, Pune

M.Phil. Research Scholar (Aug 2021 – Nov 2023)

- Completed two years of full-time clinical training as a Trainee Psychiatric Social Worker.
- Conducted psychosocial assessments, individual and group therapies, crisis interventions, and participated in social work research.
- Collaborated with psychiatrists, psychologists, and nursing staff for comprehensive patient

care.

Man-Samvad Helpline (Govt. of Maharashtra)

Trainee Psychiatric Social Worker (Sep 2021 – Aug 2022)

- Provided tele-counselling support to individuals experiencing mental health issues during the COVID-19 pandemic.
- Addressed callers' concerns, offered coping strategies, and referred to appropriate services when required.

Wanless Hospital, Miraj

Trainee Social Worker (Jan 2020 – Mar 2020)

- Assisted in patient handling, counselling, and therapeutic interventions under supervision.

D.Y. Patil Hospital & Research Centre

Trainee Social Worker (Aug 2019 – Nov 2019)

- Gained practical exposure in patient support services, documentation, and resource mobilization.

EDUCATION

M.Phil. in Psychiatric Social Work

Maharashtra Institute of Mental Health – Sassoon General Hospital, Pune

Part II: 57.2% (2024)

Part I: 54.60% (2023)

Master of Social Work (Medical & Psychiatric Social Work)

CSIBER Trust's D.K. Shinde School of Social Work, Kolhapur

69.20% (2020)

B.Sc. in Food Technology

CSIBER Trust's College of Non-Conventional Vocational Courses for Women, Kolhapur

64.82% (2018)

PROJECTS & RESEARCH

- Domestic Violence and Quality of Life among Spouses of Persons with Alcohol Dependence Syndrome — M.Phil. Research, Sassoon General Hospital, Pune.

- Depression among Youth — Minor Research Project, CSIBER, Kolhapur.

EXTRA & CO-CURRICULAR ACTIVITIES

- Participated in Kolhapur Zilla Parishad's Flood Relief Survey (2019).
- Organized Mental Health Day events including poster displays, stress relief activities, and interactive games.
- Coordinated Blood Donation Camp on the birth anniversary of institute founder Dr. A. D. Shinde.
- Attended 7-Day MSW Rural Camp on Women Empowerment and Education Rights.
- Participated in International Workshop on Mental Health (Symbiosis Centre, Pune).
- Attended Workshop on Suicide Prevention (Maharashtra Institute of Mental Health, Pune).

REFERENCES

Dr. Sonia P. Rajput

HOD & Associate Professor, CSIBER Trust's D.K. Shinde School of Social Work

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