

SAYYAD WASEEM

🏠 Hingoli, Maharashtra | ✉ sayyadwaseem1999@gmail.com | ☎ +91 8668292630

SUMMARY

Ph.D. pursuing Social Work professional with specialization in Medical and Psychiatric Social Work, holding MH-SET and NET qualification. Experienced in counselling, psychiatric case work, mental health assessment (MMSE, MSE), group work, and community interventions in hospital, rehabilitation, rural and village settings. Skilled in psychosocial assessment, PRA-based fieldwork, community mobilization, program implementation, and documentation. Passionate about improving mental health awareness and delivering sustainable support services for vulnerable groups through evidence-based practice and social development initiatives.

EDUCATION

- **Ph.D.** – S.G.B.A.U (Pursuing)
 - **MH-SET** – UGC (Govt. of Maharashtra & Goa) | Score: 174 | Aug 2025
 - **NET (Ph.D.)** – UGC | Score: 146 | Jun 2025
 - **MSW (Medical & Psychiatric Social Work)** – S.P.Pune University | 8.120 | May 2023
 - **B.A.** – Yashwantrao Chavan Maharashtra Open University | Aug 2021
 - **HSC** – Maharashtra State Board | **science** | Jun 2017
 - **SSC** – Maharashtra State Board | Mar 2016
-

EXPERIENCE

Psychiatric Counsellor – Manobrahma Foundation Pune (Sanwaad Rehabilitation) | Apr 2023 – Apr 2025

- Conducted counselling sessions and mental health interventions including aversion therapy.
- Performed case history taking and mental status assessments (MMSE, MSE).
- Facilitated group work sessions and rehabilitation-focused activities.

Fieldwork Trainee – District Mental Health Programme, Civil Hospital Ahmednagar | 2022 – 2023

- Supported implementation of District Mental Health Programme activities.
- Conducted meetings, case work, group work, and community engagement activities.
- Assisted in project coordination and documentation for mental health outreach.

Counsellor – Chaitanya Institute for Mental Health | 1 Month

- Provided counselling services and supported therapeutic interventions.
- Conducted MMSE, MSE, history taking, and group work activities.

Social Work Intern – Ramwadi Slum Area (Community Work) | 1 Month

- Worked with school students through group work and group activities.
- Conducted awareness and engagement programs to support children's development.

Social Work Intern – Snehalaya's Balbhavan | 1 Month

- Supported Balbhavan programs through group activities and case support.

Rural/Tribal Fieldwork – Bhosi Village (Aundha, Hingoli) | 1 Month

- Conducted case studies, group work, PRA activities, and community engagement in a tribal village setting.

RESEARCH & PUBLICATIONS

- A Study of Mental Health Awareness among Urban People, Ahmednagar City (20th Samanwaya International Conference 2023).
- Research Paper: A Study of Mental Health Awareness among Urban People, Ahmednagar City.
- Exploring the Impact of Professional Status on Mental Health: A Study in Youths, Tarakpur, Ahmednagar.
- The Burden of Care: Exploring the Socio-Economic Impact on Elderly Caregivers in Rural Settings.
- Study on Women's Participation in Farming in Rural Areas: Bhosi Village, Aundha Nagnath, Hingoli District.

CERTIFICATIONS & TRAINING

- **Counselling** – BOOTH Hospital | Grade: A+
- **MS-CIT** – Government of Maharashtra | Score: 99/100

- **Domestic Data Entry Operator** – Ministry of Skill Development & Entrepreneurship (Govt. of India) | Grade: B
 - **MCC** (Maharashtra Cadet Corps) – Government of Maharashtra | Grade: A
 - **American India Foundation** | Workspace Skills Training (2020–2023) –
-

WORKSHOPS & CONFERENCES COORDINATED

- 20th Samanwaya International Conference 2023 (Kerala)
 - NAPSWI International Conference 2022
 - PRA Workshop – CSRD College Ahmednagar
 - Conference on Rural Development: Participatory Rural Appraisal
 - Workshop on Skill Development Programme
-

VOLUNTEERING

- ASER Survey – Interviewer (Education) | 1 Week
 - Rural Camp (Sonewadi, Ahmednagar) – Group Facilitator (Hygiene & Sanitation) | 1 Week
-

KEY SKILLS

Community Engagement | Community Organization & Community Mobilization | Communication & Interpersonal Skills | Counselling & Case Work | Mental Health Assessment (MMSE, MSE) | Group Work | Psychiatric Social Work | Medical Social Work | PRA | Workshop Coordination | Documentation | Research Writing | MS Office | SPSS |

LANGUAGES

English | Hindi | Marathi
