CSIBER – Departmental Activity Report Format

1. Basic Information

- Department Name: Internal Quality Assurance Cell (IQAC)
- Title of the Activity/Event: One Day Workshop on "Comfort Trap: Breakout for Effective Workplace Management"
- Type of Activity: Workshop
- Date(s) of Activity: 22 January 2026 (Thursday)
- Time: 10:30 AM to 4:00 PM
- Venue/Platform: Placement Cell, CSIBER, Kolhapur

2. Coordination Details

- Name of Coordinator(s): Dr. S. S. Jamsandekar
- Designation: IQAC Coordinator
- Organizing Body/Club (if any): IQAC Coordinator

3. Resource Person / Speaker Details (if applicable)

- Name: Dr. R. K. Tailor
- Designation & Organization: Director, CSIBER, Kolhapur

4. Participants' Details

- Total Number of Participants:
- Category: Faculty Members of CSIBER

5. Objectives of the Activity

- To encourage participants to identify and overcome personal and professional comfort zones that limit growth and productivity.
- To develop a proactive mindset by enhancing adaptability, effective communication, teamwork, and leadership skills in the workplace.
- To promote a culture of continuous learning, innovation, and positive workplace management through experiential activities and interactive discussions.

6. Brief Report of the Activity

The Internal Quality Assurance Cell (IQAC) of Chhatrapati Shahu Institute of Business Education and Research (CSIBER), Kolhapur, organized a one-day workshop titled "Comfort Trap: Breakout for Effective Workplace Management" on 22 January 2026 at the Placement Cell. The workshop was conducted by Dr. R. K. Tailor, Director, CSIBER, who shared valuable insights on recognizing comfort traps, managing workplace expectations, and developing a growth-oriented mindset.

The session included interactive presentations, group discussions, team-building exercises, and hands-on activities that encouraged participants to step outside their comfort zones and embrace change. Topics such as workplace culture, accountability, feedback mechanisms, adaptability, and collaborative problem-solving were discussed in detail. The workshop provided an engaging platform for faculty and staff to reflect on their professional practices and identify strategies for personal and organizational excellence.

7. Outcomes / Impact

Participants developed a deeper understanding of the importance of adaptability, self-awareness, and continuous learning for effective workplace management.

- The interactive activities enhanced teamwork, communication, creative thinking, and problem-solving skills among the participants.
- The workshop inspired faculty and staff to adopt a proactive approach towards professional responsibilities and contribute positively to a collaborative and growth-oriented work environment

8. Supporting Documents

- Brochure / Poster



Workshop Flyer

- Any additional relevant documents (Sample Certificate of Participants)



Chhatrapati Shahu Institute of Business Education and Research
Kolhapur, Maharashtra- India.

ONE DAY WORKSHOP

COMFORT TRAP

CERTIFICATE OF PARTICIPATION

Dr. Bindu Nandakumar Menon

He/She has actively participated in the One Day Workshop on "Comfort Trap", organized by IQAC, CSIBER held on 22 JANUARY 2026. We appreciate the participant's enthusiasm, involvement, and commitment towards personal and professional development.

Dr. R. A. Shinde — PRESIDENT
CA Hrishikesh Shinde — SECRETARY
Prof. (Dr.) R. K. Tailor — DIRECTOR

10. Photographs (Mandatory)



Session on Building a Positive Workplace Culture



Experiential Learning Exercise




Session on concept of breaking out of comfort zones through an engaging presentation and discussion.



Comfort Trap workshop participant group photograph

11. Attendance Report (Mandatory)

CHHATRAPATI SHAHU INSTITUTE OF BUSINESS EDUCATION AND RESEARCH (CSIBER), KOLHAPUR

Internal Quality Assurance Cell (IAQC)

One Day Workshop

On COMFORT TRAP

Attendance Sheet **Date: 22/01/2026**

SESSION 1

Sr.	Name	Signature
1.	Dr. R. K. Tailor – Director	
	School of Business	
2.	Dr. Bindu Nandakumar Menon	
3.	Mrs. Madhura Karan Mane	
4.	Dr. Sachin Hanumantrao Jagtap	
5.	Mr. Amar Dinkar Ekal	
6.	Dr. Vadlamani Ravi Kishore Kumar	
7.	Dr. Krishnat Hindurao Chougale	
8.	Mrs. Anuradha Udaysinh Gaikwad	
9.	Dr. Varsha Nishikant Rayanade	
10.	Dr. Shailendrasingh Vijaysingh Dikit	
11.	Ms. Sonali Sunil Sadare	
12.	Mr. Prasad Anil Pandit	
13.	Ms. Maithili Santosh Bidikar	
14.	Mr. Santosh Vilas Hasure	
15.	Mr. Nilesh Shivabasu Kale	
16.	Mr. Shubham Rajendra Prabhu	
17.	Nishigandha N. Bichkar	
	School of Computer Application	
18.	Dr. Ajaykumar Dattajirao Shinde	
19.	Dr. Rajani Sudhir Kamath	
20.	Mr. Rajendrakumar Tukaram Thorat	

Sr.	Name	Signature
21.	Dr. Shruti Swaroop Jamsandekar	
22.	Mrs. Sneh Ashish Nagaonkar	
23.	Dr. Sudhakar Dattoba Bhoite	
24.	Dr. Poornima Girish Naik	
25.	Mrs. Sonali Amol Salokhe	
26.	Mrs. Megha Sagar Patil	
27.	Mr. Mahantesh Bhimgonda Patil	
28.	Mrs. Vaishali Kiran Patil	
29.	Mr. Nitin Nagesh Kulkarni	
30.	Dr. Mrudula Kedar Patkar	
	School of Environment	
31.	Er. Dhananjay Shankar Mali	
32.	Dr. Pooja Mahadev Patil	
33.	Ms. Anagha Krupal Khatri	
	School of Research	
34.	Dr. Chandrakant Shankarrao Dalvi	
35.	Dr. Dhananjay Sadashiv Patil	
36.	Dr. Amardeep Dattatray Jadhav	
37.	Dr. Chintamani Sadanand Kale	
	D. K. Shinde School of Social Work	
38.	Dr. Turlapati Venkata Goverdhan Sarma	
39.	Dr. Deepak Manohar Bhosale	
40.	Dr. Sonia Prashant Rajput	
41.	Dr. Suresh Shripati Apate	
42.	Dr. Durgesh Narpat Valvi	
43.	Dr. Kalindi Nandkumar Ranbhare	

Dr. Bhagwan B. Patil

12. Submission Details

- Submitted by: Dr. S.S. Jamsandekar , IQAC Corordinator
- Date of Submission: 24/01/2026

SSJamsandekar

Signature

CHHATRAPATI SHAHU INSTITUTE OF BUSINESS EDUCATION AND RESEARCH (CSIBER), KOLHAPUR

Internal Quality Assurance Cell (IAQC)

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14.	Mr. Santosh Vilas Hasure	
15.	Mr. Nilesh Shivabasu Kale	
16.	Mr. Shubham Rajendra Prabhu	
17.	~~Ms.~~ Dr. Nishigandha N. Bichkar	
	School of Computer Application	
18.	Dr. Ajaykumar Dattajirao Shinde	
19.	Dr. Rajani Sudhir Kamath	
20.	Mr. Rajendrakumar Tukaram Thorat	

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39.	Dr. Deepak Manohar Bhosale	
40.	Dr. Sonia Prashant Rajput	
41.	Dr. Suresh Shripati Apate	
42.	Dr. Durgesh Narpat Valvi	
43.	Dr. Kalindi Nandkumar Ranbhare	

Dr. Bhagwan B. Patil

P. 1

CHHATRAPATI SHAHU INSTITUTE OF BUSINESS EDUCATION AND RESEARCH (CSIBER), KOLHAPUR

Internal Quality Assurance Cell (IAQC)

One Day Workshop

On COMFORT TRAP

Attendance Sheet **Date: 22/01/2026**

SESSION 2

Sr.	Name	Signature
1.	Dr. R. K. Tailor – Director	
	School of Business	
2.	Dr. Bindu Nandakumar Menon	
3.	Mrs. Madhura Karan Mane	
4.	Dr. Sachin Hanumantrao Jagtap	
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P– Dr. Bhagwan B. Patil